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## The Medical Letter®

### on Drugs and Therapeutics

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### Bamlanivimab and Etesevimab for Post-Exposure Prophylaxis of COVID-19

Revised 1/6/2022: The Variants paragraph has been updated. See also COVID-19 Updates.

In February 2021, the FDA issued an Emergency Use Authorization (EUA) for the investigational monoclonal antibodies bamlanivimab and etesevimab (Lilly) for use together to treat mild to moderate COVID-19 in persons ≥12 years old who weigh ≥40 kg and are at high risk of progression to severe disease or hospitalization.1 The FDA has now expanded this EUA to allow use of the antibodies together for post-exposure prophylaxis of COVID-19 in such persons if they are not fully vaccinated against COVID-19 or are unlikely to have an adequate immune response to full vaccination and have been in close contact with a SARS-CoV-2infected individual or are likely to be exposed to SARS-CoV-2 in the setting of an institutional outbreak (see Table 1).2 Bamlanivimab plus etesevimab is the second monoclonal antibody combination to receive an EUA for post-exposure prophylaxis of COVID-19; casirivimab plus imdevimab (REGEN-COV) was authorized earlier.3

**ELIGIBILITY** - In May 2021, the FDA expanded the criteria by which a patient with COVID-19 can be

## Table 1. Indications for Post-Exposure Prophylaxis of COVID-19 with Bamlanivimab plus Etesevimab<sup>1</sup>

► Age ≥12 years and weight ≥40 kg

#### AND

 Considered at high risk for progression to severe COVID-19, including hospitalization or death (see Table 2)

#### AND

Not fully vaccinated against COVID-19 (has not received 2 doses of the Pfizer/BioNTech or Moderna vaccines or one dose of the Johnson & Johnson vaccine ≥2 weeks previously)
OR unlikely to mount an adequate immune response to vaccination (immunocompromised)

#### AND

- ► Exposed to a SARS-CoV-2-infected individual consistent with CDC close contact criteria² OR at high risk of exposure because of occurrence of SARS-CoV-2 infection among other individuals in the same institutional setting (e.g., nursing home, prison)
- FDA. Fact sheet for health care providers. Emergency Use Authorization (EUA) of bamlanivimab and etesevimab. September 16, 2021. Available at: https://bit.ly/3qfS6DN. Accessed September 30, 2021.
- CDC. COVID-19. Contact tracing. Case investigation and contact tracing guidance. Appendices. September 21, 2021. Available at: https://bit. ly/3CfNDaA. Accessed September 30, 2021.

#### Table 2. High-Risk Conditions for COVID-19 Progression<sup>1</sup>

- ► Age ≥65 years
- ▶ BMI ≥25 kg/m² (or, in patients 12-17 years old, BMI ≥85th percentile for age and gender²)
- Pregnancy
- Chronic kidney disease
- Diabetes
- Cardiovascular disease
- ► Hypertension
- COPD, moderate to severe asthma, or other chronic respiratory disease
- Immunosuppressive disease or currently receiving immunosuppressive treatment
- Sickle cell disease
- Congenital or acquired heart disease
- Neurodevelopmental disorders (e.g., cerebral palsy) or other conditions that confer medical complexity
- A medical-related technological dependence (e.g., tracheostomy, gastrostomy, or positive pressure ventilation [not related to COVID-19])

BMI = body mass index; COPD = chronic obstructive pulmonary disease

- Adult and pediatric patients (≥12 years old and weighing ≥40 kg) with ≥1
  of the criteria listed are considered at high risk for progressing to severe
  COVID-19 or hospitalization. (FDA. Fact sheet for health care providers.
  Emergency Use Authorization [EUA] of bamlanivimab and etesevimab.
  September 16, 2021. Available at: https://bit.ly/3qfS6DN. Accessed
  September 30, 2021).
- Based on CDC growth charts. Available at: https://bit.ly/36U0twf. Accessed September 30, 2021.

considered at high risk for disease progression. All persons ≥12 years old who are overweight, pregnant, or have cardiovascular disease, hypertension, or chronic respiratory disease are now considered highrisk (see Table 2).4

**CLINICAL STUDIES** — In an unpublished double-blind trial (BLAZE-2 Part 1; summarized in the FDA Fact Sheet), 966 SARS-CoV-2-negative residents or staff of skilled nursing facilities where a confirmed SARS-CoV-2 infection occurred were randomized to receive a single dose of bamlanivimab 2800 mg (without etesevimab) or placebo.

The risk of symptomatic COVID-19 within 8 weeks of randomization, the primary endpoint, was significantly lower in patients who received bamlanivimab than in those who received placebo in both the overall population (8.5% vs 15.2%; number needed to treat [NNT] 15.1; adjusted OR 0.43 [95% CI 0.28-0.68]) and the prespecified subgroup of nursing facility resi-

dents (8.9% vs 22.5%; NNT 7.4; adjusted OR 0.20 [95% CI 0.08-0.49]). There were no deaths due to COVID-19 in the bamlanivimab group versus 4 in the placebo group.2,5

No data on the use of bamlanivimab plus etesevimab for post-exposure prophylaxis of COVID-19 are available. Because the combination has greater antiviral activity than bamlanivimab alone, the FDA presumed it to be effective based on the results of BLAZE-2 Part 1. No clinical trials have compared bamlanivimab plus etesevimab with casirivimab plus imdevimab.

ADVERSE EFFECTS - Infusion-related reactions and anaphylaxis have been reported with use of bamlanivimab plus etesevimab.

**VARIANTS** - Bamlanivimab plus etesevimab is not active against the Omicron variant of SARS-CoV-2. The combination retains activity against the Delta variant of the virus.2

**DOSAGE AND ADMINISTRATION** - The authorized dosage of bamlanivimab plus etesevimab for postexposure prophylaxis is 700 mg of bamlanivimab and 1400 mg of etesevimab given as a single IV infusion as soon as possible after exposure to SARS-CoV-2. Patients should be monitored during the infusion and for at least 1 hour after its completion. Unlike REGEN-COV, bamlanivimab and etesevimab cannot be given by subcutaneous injection. Detailed instructions on preparation and administration of the antibodies are available in the FDA Fact Sheet.2

CONCLUSION - The FDA has authorized administration of the monoclonal antibodies bamlanivimab and etesevimab together for IV post-exposure prophylaxis of COVID-19 in certain high-risk persons. In a doubleblind trial in SARS-CoV-2-negative residents and staff of nursing facilities in which a confirmed infection occurred, IV infusion of bamlanivimab alone significantly decreased the risk of symptomatic COVID-19 compared to placebo. The overall effectiveness of the two antibodies together for post-exposure prophylaxis remains to be determined. Bamlanivimab plus etesevimab retains efficacy against the Delta variant of SARS-CoV-2.

- 1. An EUA for bamlanivimab and etesevimab for COVID-19. Med Lett Drugs Ther 2021; 63:49.
- 2. FDA. Fact sheet for health care providers. Emergency Use Authorization (EUA) of bamlanivimab and etesevimab. December 22, 2021. Available at: https://bit.ly/3qfS6DN. Accessed January 6, 2022.
- 3. Casirivimab and imdevimab (REGEN-COV) for post-exposure prophylaxis of COVID-19. Med Lett Drugs Ther 2021; 63:130.
- 4. FDA News Release. Coronavirus (COVID-19) update: May 21, 2021. Available at: https://bit.ly/3fFoEUB. Accessed September 30, 2021.
- 5. Lilly. What is the effect of bamlanivimab and etesevimab prevention treatment on COVID-19 symptoms? Medical information request response, September 23, 2021.

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#### **COVID-19 UPDATES**

#### Pfizer-BioNTech COVID-19 Vaccine

On January 3, the FDA amended its Emergency Use Authorization (EUA) for the Pfizer-BioNTech COVID-19 vaccine (*Comirnaty*) to incorporate the following changes:

- 1. A third primary dose of the vaccine can now be given ≥28 days after the second to children 5-11 years old who have undergone solid organ transplantation or have an equivalent level of immune compromise.<sup>1,2</sup>
- 2. Booster doses of the vaccine are now authorized for use in children 12-15 years old.<sup>1,3</sup>
- 3. The length of time after completion of a primary series with the vaccine at which patients become eligible for booster immunization has been reduced from 6 months to 5 months.<sup>1,3</sup>

On January 7, the FDA amended the EUA of the Moderna COVID-19 vaccine to shorten the interval between completion of a primary series and receipt of a booster dose from 6 months to 5 months.<sup>4</sup>

**Booster Schedules** – Patients can now receive a booster dose of a COVID-19 vaccine 5 months after completion of a primary series with the Pfizer-BioNTech or Moderna vaccine or 2 months after receiving a primary dose of the Johnson & Johnson/Janssen vaccine. ■

- FDA News Release. Coronavirus (COVID-19) update: FDA takes multiple actions to expand use of Pfizer-BioNTech COVID-19 vaccine. January 3, 2022. Available at: https://bit.ly/3qVaN18. Accessed January 6, 2022.
- FDA. Fact sheet for health care providers administering vaccine (vaccination providers). Emergency Use Authorization (EUA) of the Pfizer-BioNTech COVID-19 vaccine to prevent coronavirus disease 2019 (COVID-19). For 5-11 years of age. January 3, 2022. Available at: https://bit.ly/3jX9xri. Accessed January 6, 2022.
- FDA. Fact sheet for health care providers administering vaccine (vaccination providers). Emergency Use Authorization (EUA) of the Pfizer-BioNTech COVID-19 vaccine to prevent coronavirus disease 2019 (COVID-19). For 12 years of age and older. January 3, 2022. Available at: https://bit.ly/3bBH5GV. Accessed January 6, 2022.
- FDA. Fact sheet for healthcare providers administering vaccine (vaccination providers). Emergency Use Authorization (EUA) of the Moderna COVID-19 vaccine to prevent coronavirus disaese 2019 (COVID-19). January 7, 2022. Available at: https://bit.ly/3nosylA. Accessed January 7, 2022.

### **Monoclonal Antibodies for COVID-19**

The anti-SARS-CoV-2 antibody combinations casirivimab plus imdevimab (*REGEN-COV*) and bamlanivimab plus etesevimab are not active against the Omicron variant of SARS-CoV-2. These antibodies remain available, however, through federal distribution. NIH guidelines state that their use can be considered in regions where the Delta variant still causes a significant proportion of COVID-19 cases if alternative drugs are unavailable or contraindicated.<sup>1,2</sup>

Sotrovimab, which is authorized by the FDA for treatment of mild to moderate COVID-19 in patients  $\geq$ 12 years old who weigh  $\geq$ 40 kg and are at high risk of progressing to severe disease, is the only monoclonal antibody available in the US that has activity against the Omicron variant of SARS-CoV-2.<sup>2,3</sup>

- HHS Public Health Emergency. Updated guidelines regarding allocation of bamlanivimab/etesevimab and REGEN-COV therapeutics: states and territories can continue to order both products. December 31, 2021.

  Available at: https://bit.ly/3sZHD3o. Accessed January 6, 2022.
- NIH. The COVID-19 Treatment Guidelines Panel's statement on therapies for high-risk, nonhospitalized patients with mild to moderate COVID-19. December 30, 2021. Available at: https://bit.ly/3EUXjHz. Accessed January 6, 2022.
- 3. An EUA for sotrovimab for treatment of COVID-19. Med Lett Drugs Ther 2021; 63:97.

Additional Content Available Online: COVID-19 Charts

More information on vaccines and drugs for COVID-19 can be found in the COVID-19 Resources section of our website: www.medicalletter.org/drugs-for-covid-19.